

BY THE END OF THE SESSION, PARTICIPANTS WILL BE ABLE TO:

- Define "Support Group"
- Describe the roles and responsibilities of the facilitator
- Discuss the importance of confidentiality
- List at least three support group models or formats
- Identify at least two strategies for marketing your group
- Explain the stages of group involvement
- Demonstrate an understanding of techniques that can be used to deal with challenging participants
- Utilize various group leadership techniques

PREREQUISITES:

Support Group Facilitator Training participants are expected to have a solid understanding of Alzheimer's disease and related disorders before attending this training.

The Alzheimer's Association - Greater Illinois Chapter Professional Training Institute offers in-person and online courses to help you meet this requirement.

Visit www.alz.org/illinois or call 847.933.2413 to request a course catalog.

CONTINUING EDUCATION UNITS:

Continuing Education Units are available through the Department of Family Medicine, University of Illinois, Urbana-Champaign for the following professions: Activity Directors, Counselors, Nursing Home Administrators, Occupational Therapists, Physical Therapists, Registered Nurses and Social Workers. This class provides 3.5 clock hours of training; the number of actual CEUs granted varies depending upon the profession.

FEES:

- Professional: \$50.00 (Professionals working in a dementia-related field)
- CEUs: \$10.00 (See professions listed above.)
- Non-professional: \$25.00 (Family members or community volunteers that do not work in dementia care.)

Upcoming Trainings:

July 24, 2009

Alzheimer's Association
Greater Illinois Chapter
8430 West Bryn Mawr Ave.
Suite 800
Chicago, Illinois 60631

August 21, 2009

University of Illinois
Extension
1650 Commerce Drive
Bourbonnais, Illinois

September 8, 2009

Alzheimer's Association
Greater Illinois Chapter
4777 East State Street
Rockford, Illinois 61108

September 15, 2009

Alzheimer's Association
Greater Illinois Chapter
2921 Greenbriar Drive
Suite C
Springfield, Illinois 62704

October 23, 2009

Alzheimer's Association
Greater Illinois Chapter
8430 West Bryn Mawr Ave.
Suite 800
Chicago, Illinois 60631

January 22, 2010

Alzheimer's Association
Greater Illinois Chapter
8430 West Bryn Mawr Ave.
Suite 800
Chicago, Illinois 60631

February 4, 2010

Alzheimer's Association
Greater Illinois Chapter
1150 Essington Road
Suite 109
Joliet, Illinois 60435

March 24, 2010

Alzheimer's Association
Greater Illinois Chapter
4777 East State Street
Rockford, Illinois 61108

April 13, 2010

Alzheimer's Association
Greater Illinois Chapter
303 North Hershey Road
Suite 2A
Bloomington, Illinois 60631

May 21, 2010

Alzheimer's Association
Greater Illinois Chapter
8430 West Bryn Mawr Ave.
Suite 800
Chicago, Illinois 60631

Check in 8:00 a.m.

Program 8:30 a.m. - 12:30 p.m.

Registration Form:

Online: www.alz.org/illinois
Mail: Alzheimer's Association - Greater Illinois Chapter
8430 W. Bryn Mawr Ave., Suite 800
Chicago, Illinois 60631
Phone: 847.933.2413 **Fax:** 773.444.0930

Program:

- | | |
|--|--|
| <input type="checkbox"/> 7-24-09 Chicago | <input type="checkbox"/> 1-22-10 Chicago |
| <input type="checkbox"/> 8-21-09 Bourbonnais | <input type="checkbox"/> 2-4-10 Joliet |
| <input type="checkbox"/> 9-8-09 Rockford | <input type="checkbox"/> 3-24-10 Rockford |
| <input type="checkbox"/> 9-15-09 Springfield | <input type="checkbox"/> 4-13-10 Bloomington |
| <input type="checkbox"/> 10-23-09 Chicago | <input type="checkbox"/> 5-21-10 Chicago |

Name

Organization (if applicable)

Job Title

License Number (for CEUs only, for descriptions see first panel)

Address

City/State/Zip

E-Mail

Method of Payment:

Total Amount Enclosed: \$25 \$50 \$60

Check Enclosed; American Express / Discover/MasterCard/VISA
(Please Circle Type of Card)

Name of Card Holder

Card Number

Card Holder Signature

Expiration Date

Alzheimer Support Group Facilitator Training



alzheimer's  association®

Greater Illinois Chapter

8430 West Bryn Mawr Avenue
Suite 800
Chicago, Illinois 60631

1.800.272.3900

www.alz.org/illinois

This interactive half-day program will provide you with the skills and confidence needed to successfully facilitate a support group for people caring for a family member or friend with Alzheimer's disease or related dementias. Three support group models will be discussed along with various leadership techniques, dealing with challenging participants, and strategies for marketing your program. Participants receive a facilitator manual.

Prerequisite: Participants are expected to have a solid understanding of Alzheimer's disease and related disorders before attending this training.

ALZHEIMER SUPPORT GROUPS are regularly scheduled in-person or virtual gatherings of people with Alzheimer's disease or related disorders, their family, friends, or caregivers.

1.800.272.3900
www.alz.org/illinois