

FOR IMMEDIATE RELEASE:

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Alzheimer's Caregiver Series Parts One and Two to be Presented in Bourbonnais

JOLIET, IL---The Alzheimer's Association – Greater Illinois Chapter will host parts one and two of the Alzheimer's Caregiver Series on Tuesday, February 10 from 2:00 p.m. until 4:00 p.m. at the University of Illinois Extension Center, 1650 Commerce Drive in Bourbonnais.

"As the Baby Boomer population continues to age we are seeing and increase in the number of people who are called upon to care for a loved one with Alzheimer's disease or a related dementia," said Melanie Adams, Senior Program Manager for the Chapter. "Our Alzheimer's Caregiver Series is designed for family and friends of people with dementia to equip them with the tools they need to provide effective care. In 2008 there were 347,136 Illinois residents who provided unpaid care for person with dementia. Sadly this number continues to grow with every passing year."

Alzheimer's Caregiver Series Parts One and Two:

Part One: Memory Loss 101 explores the common causes of memory loss, including Alzheimer's disease; the stages of Alzheimer's, the importance of a good medical examination, and current research and treatments.

Part Two: Understanding & Responding to People with Dementia focuses on common communication challenges and dementia-related behaviors that caregivers often face. Discussions will be centered on tips and techniques on the best ways to interact with a person with dementia and the possible causes of frustration and aggression and how to effectively respond.

To register for this free event please call 815.744.0804 or visit us on the web at www.alz.org/illinois.

About the Alzheimer's Association - The Alzheimer's Association, the world leader in Alzheimer research and support, is the largest voluntary health organization dedicated to finding prevention methods, treatments and cure for Alzheimer's. Since 1980, the donor-supported, nonprofit Alzheimer's Association has provided reliable information and care consultation; created supportive services for families; increased funding for dementia research; and influenced public policy changes. **The Greater Illinois Chapter** serves dozens of counties with offices in Bloomington, Carterville, Chicago, Joliet, Rockford and Springfield. For more information, call our Helpline at 800-272-3900 or visit www.alz.org/illinois.